

## Referanser til E04 – Den biopsykososiale modellen

### Forskningsartikler

Borrell-Carrió F, Suchman AL and Epstein RM. The biopsychosocial model 25 years later: principles, practice, and scientific inquiry. *Ann Fam Med* 2004; 2: 576-582. DOI: <https://doi.org/10.1370/afm.245>.

Brinjikji W, Luetmer PH, Comstock B, et al. Systematic literature review of imaging features of spinal degeneration in asymptomatic populations. *AJNR American journal of neuroradiology* 2015; 36: 811–816. DOI: <https://doi.org/10.3174/ajnr.A4173>.

Brinjikji WA-O, Diehn FA-O, Jarvik JG, et al. MRI Findings of Disc Degeneration are More Prevalent in Adults with Low Back Pain than in Asymptomatic Controls: A Systematic Review and Meta-Analysis. *AJNR American journal of neuroradiology* 2015; 36: 2394–2399. DOI: <https://doi.org/10.3174/ajnr.A4498>.

Cassidy JD, Carroll LJ, Fau - Côté P, Côté P, Fau - Lemstra M, et al. Effect of eliminating compensation for pain and suffering on the outcome of insurance claims for whiplash injury. *N Engl J Med* 2000; 342. DOI: <https://doi.org/10.1056/NEJM200004203421606>.

Dionne CE, Dunn KM and Croft PR. Does back pain prevalence really decrease with increasing age? A systematic review. *Age Ageing* 2006; 35: 229-234. 20060317. DOI: <https://doi.org/10.1093/ageing/afj055>.

Engel GL. The need for a new medical model: a challenge for biomedicine. *Science* 1977; 196: 129-136. DOI: <https://doi.org/10.1126/science.847460>.

Fava GA and Sonino N. From the Lesson of George Engel to Current Knowledge: The Biopsychosocial Model 40 Years Later. *Psychother Psychosom* 2017; 86: 257-259. 20170914. DOI: <https://doi.org/10.1159/000478808>.

Foster NE and Delitto A. Embedding psychosocial perspectives within clinical management of low back pain: integration of psychosocially informed management principles into physical therapist practice--challenges and opportunities. *Phys Ther* 2011; 91: 790-803. 20110330. DOI: <https://doi.org/10.2522/ptj.20100326>.

Ghaemi SN. The rise and fall of the biopsychosocial model. *Br J Psychiatry* 2009; 195: 3-4. DOI: <https://doi.org/10.1192/bjp.bp.109.063859>.

Gloster AT, Walder N, Levin ME, et al. The empirical status of acceptance and commitment therapy: A review of meta-analyses. *Journal of Contextual Behavioral Science* 2020; 18: 181-192. DOI: <https://doi.org/10.1016/j.jcbs.2020.09.009>.

Jull G. Biopsychosocial model of disease: 40 years on. Which way is the pendulum swinging? *Br J Sports Med* 2017; 51: 1187-1188. 20170106. DOI: <https://doi.org/10.1136/bjsports-2016-097362>.

Malfliet A, Coppieters I, Van Wilgen P, et al. Brain changes associated with cognitive and emotional factors in chronic pain: A systematic review. *Eur J Pain* 2017; 21: 769-786. 20170201. DOI: <https://doi.org/10.1002/ejp.1003>.

Pincus T, Kent P, Bronfort G, et al. Twenty-five years with the biopsychosocial model of low back pain-is it time to celebrate? A report from the twelfth international forum for primary care research on low back pain. *Spine (Phila Pa 1976)* 2013; 38: 2118-2123. DOI: <https://doi.org/10.1097/BRS.0b013e3182a8c5d6>.

van Erp RMA, Huijnen IPJ, Jakobs MLG, et al. Effectiveness of Primary Care Interventions Using a Biopsychosocial Approach in Chronic Low Back Pain: A Systematic Review. *Pain practice : the official journal of World Institute of Pain* 2019; 19: 224–241. DOI: <https://doi.org/10.1111/papr.12735>.

Waddell G. 1987 Volvo award in clinical sciences. A new clinical model for the treatment of low-back pain. *Spine* 1987; 12: 632-644. DOI: <https://doi.org/10.1097/00007632-198709000-00002>.

Williams ACC, Fisher E, Hearn L, et al. Psychological therapies for the management of chronic pain (excluding headache) in adults. *Cochrane Database Syst Rev* 2020; 8. DOI: <https://doi.org/10.1002/14651858.CD007407.pub4>.

## Andre referanser

Faktaside: The global burden of low back pain

Tilgjengelig fra: <https://www.iasp-pain.org/resources/fact-sheets/the-global-burden-of-low-back-pain/>

Nobelpris i fysiologi og medisin 2005.

Tilgjengelig fra. <https://www.nobelprize.org/prizes/medicine/2005/summary/>

Kjetil Slagstad: Hjernen er ikke alene – Nettverksmodellen og psykiatrisk epistemologi

<https://psykologtidsskriftet.no/vitenskapelig-artikkel/2019/11/hjernen-er-ikke-alene>