

Tabell 4. Sjekklister for kvalitetsvurderinger av inkluderte studier

| | | | | |
|--|-----------------------------|---------------------------|-----------------------------|-----------------------------|
| JBI-sjekkliste for casestudier (Gagnier et al., 2013). | Beales et al., 2020 | | | |
| 1. Was patient`s demographic characteristics clearly described? | JA | | | |
| 2. Was the patient`s history clearly described and presented as a timeline? | JA | | | |
| 3. Was the current clinical condition of the patient on presentation clearly described? | JA | | | |
| 4. Were diagnostic tests or assessment methods and the results clearly described? | JA | | | |
| 5. Was the intervention(s) or treatment procedure(s) clearly described? | JA | | | |
| 6. Was the post-intervention clinical condition clearly described? | JA | | | |
| 7. Were adverse events (harms) or unanticipated events identified and described? | NEI | | | |
| 8. Does the case report provide takeaway lessons? | JA | | | |
| JBI-sjekkliste for randomiserte kontrollerte studier (Barker et al., 2023). | Wang et al., 2021 | | | |
| 1. Was true randomization used for assignment of participants to treatment groups? | JA | | | |
| 2. Was allocation to treatment groups concealed? | JA | | | |
| 3. Were treatment groups similar at the baseline? | JA | | | |
| 4. Were participants blind to treatment assignment? | UKLART | | | |
| 5. Were those delivering the treatment blind to treatment assignment? | NEI | | | |
| 6. Were treatment groups treated identically other than the intervention of interest? | JA | | | |
| 7. Was outcome blind to treatment assignment? | JA | | | |
| 8. Were outcomes measured in the same way for treatment groups? | JA | | | |
| 9. Were outcomes measured in a reliable way? | JA | | | |
| 10. Was follow up complete and if not, were differences between groups in terms of their follow up adequately described and analyzed? | JA | | | |
| 11. Were participants analyzed in the groups to which they were randomized? | JA | | | |
| 12. Was appropriate statistical analysis used? | JA | | | |
| 13. Was the trial design appropriate and any deviations from the standard RCT design accounted for in the conduct and analysis of the trial? | JA | | | |
| JBI-sjekkliste for kvalitetsvurderinger av kvalitative studier (Lockwood et al., 2015) | Engeset et al., 2014 | Gutke et al., 2018 | Knutsen et al., 2020 | Aggeryd et al., 2022 |
| 1. Is there congruity between the stated philosophical perspective and the research methodology? | JA | JA | JA | JA |

| | | | | |
|--|----|----|----|----|
| 2. Is there congruity between the research methodology and the research question or objectives? | JA | JA | JA | JA |
| 3. Is there congruity between the research methodology and the methods used to collect data? | JA | JA | JA | JA |
| 4. Is there congruity between the research methodology and the representation and analysis of data? | JA | JA | JA | JA |
| 5. Is there congruity between the research methodology and the interpretation of results? | JA | JA | JA | JA |
| 6. Is there a statement locating the researcher culturally or theoretically? | JA | JA | JA | JA |
| 7. Is the influence of the researcher on the research and vice-versa, addressed? | JA | JA | JA | JA |
| 8. Are participants and their voices, adequately represented? | JA | JA | JA | JA |
| 9. Is the research ethical according to current criteria or, for recent studies, and is there evidence of ethical approval by an appropriate body? | JA | JA | JA | JA |
| 10. Do the conclusions drawn in the research report flow from the analysis, or interpretation, of the data? | JA | JA | JA | JA |